

## Living Hope Treatment Center

Our Living Hope Treatment Center, a medically supervised withdrawal and stabilization treatment home, is the first community, agency-run center of its kind in Monroe County. The facility offers 18 beds and provides access to medical and clinical staff to assist clients with managing their mild to moderate withdrawal symptoms. It is a safe and supportive setting to begin the recovery process.



For more information on how to get connected to services :

**Living Hope Treatment Center**  
Villa of Hope  
3300 Dewey Avenue  
Rochester, NY 14616  
(585)295-6916  
[livinghopeadmissions@villaofhope.org](mailto:livinghopeadmissions@villaofhope.org)

GREGORY E. POLISSENI  
**LIVING HOPE  
TREATMENT  
CENTER**



## The Sanctuary Model®

The Sanctuary Model® is a holistic approach to how we operate at Villa of Hope. The Sanctuary Model® represents a theory-based, trauma-informed, evidence-supported, whole culture approach that guides our treatment philosophy.



## What makes our Treatment Center unique?

Living Hope Treatment Center will serve individuals age 16 and up who need direct access to medically supervised inpatient withdrawal and stabilization services. This program is specialized for those suffering from mild to moderate withdrawal, coupled with situational crisis (i.e., unstable living environments or who are unable to detox on their own without withdrawal complications). Our 24-hour facility will offer short-term (5-7 days) medical treatment. The Treatment Center will also provide structured, around-the-clock support under the watchful care of nurse practitioners, physicians assistants, psychiatrists and substance use disorder therapists. During the course of their stay, clients are guided by compassionate professionals who will assist with aftercare planning and connecting clients to supports where they can continue treatment in other programs such as the Villa of Hope Outpatient Clinic and/or residential programs.

### Services/Programming Snapshot:

- ◆ Collaboration with therapists who assist with individualized recovery care planning
- ◆ Crisis support
- ◆ Aftercare planning
- ◆ Linkage to community resources and services
- ◆ Education around available community resources geared toward a recovery lifestyle
- ◆ Therapeutic interventions such as individual and group counseling

### Evidence Based Practices Include:

Our dedicated staff is trained in the following areas:

- ◆ Trauma Informed Care
- ◆ Trauma Focused Cognitive Behavioral Therapy
- ◆ Strength Based Interventions (Developmental Assets Profile)
- ◆ 7 Challenges treatment model (to facilitate a harm reduction and person-centered approach)
- ◆ Functional Behavioral Approach



### The Referral Process

- ◆ Client or provider should call (585) 295-6916 to express interest in our program
- ◆ Client will participate in a phone screen
- ◆ Admission date is scheduled
- ◆ Upon arrival for the scheduled admission, client will complete an intake assessment to determine appropriateness for treatment.



FOR MORE INFORMATION  
OR QUESTIONS:

Contact:  
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